

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 11/22/2016	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve two FY 2016-17 renewal contracts (Clerk's File) with San Luis Coastal Unified School District and San Luis Obispo Office of Education in the collective amount not to exceed \$180,168 to provide drug and alcohol prevention and early intervention student support counseling services. Districts 2, 3, 4, and 5.			
(5) RECOMMENDED ACTION It is recommended that the Board approve two FY 2016-17 renewal contracts with the San Luis Coastal Unified School District (SLCUSD) and the San Luis Obispo Office of Education (COE) in the collective amount not to exceed \$180,168 to provide drug and alcohol prevention and early intervention student support counseling services.			
(6) FUNDING SOURCE(S) School Districts	(7) CURRENT YEAR FINANCIAL IMPACT \$180,168	(8) ANNUAL FINANCIAL IMPACT \$180,168	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____ ) <input type="checkbox"/> Board Business (Time Est. ____ )			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A    Date: <u>11/3/2015, 2/2/2016</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell			
(18) SUPERVISOR DISTRICT(S) Districts 2, 3, 4 and 5			

# County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director  
Anne Robin, Behavioral Health Administrator

DATE: 11/22/2016

SUBJECT: Request to approve two FY 2016-17 renewal contracts (Clerk's File) with San Luis Coastal Unified School District and San Luis Obispo Office of Education in the collective amount not to exceed \$180,168 to provide drug and alcohol prevention and early intervention student support counseling services. Districts 2, 3, 4, and 5.

## **RECOMMENDATION**

It is recommended that the Board approve two FY 2016-17 renewal contracts with the San Luis Coastal Unified School District (SLCUSD) and the San Luis Obispo Office of Education (COE) in the collective amount not to exceed \$180,168 to provide drug and alcohol prevention and early intervention student support counseling services.

## **DISCUSSION**

On an annual basis, Behavioral Health secures contracts with school districts to provide drug and alcohol prevention and early intervention school site counseling services. In addition to the prevention and early intervention counseling services, treatment services are now being offered to students identified by Behavioral Health counselors as in need of treatment who also qualify for Drug Medi-Cal.

Under these contracts, Behavioral Health Drug and Alcohol Specialists will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse. The SLCUSD schools included in these contracts are: Bishop's Peak Elementary, CL Smith Elementary, Hawthorne Elementary, Morro Bay High School, Pacific Beach Continuation School, San Luis Obispo High School, and Sinsheimer Elementary School. The COE elects to have services provided at the following locations: Chalk Mountain Community School, Loma Vista Community School, and Mesa View Community School.

It is important to note that Behavioral Health is not the only provider in the County to provide these services to students and that competition for school based contracts has become increasingly competitive as private providers and non-profit agencies can offer services at a lower rate than the County. Behavioral Health continues to secure contracts with SLCUSD and COE because of high quality of services provided.

The durations of service under these contracts are for the school year only (September 1, 2016 through June 30, 2017). Contract negotiations do not begin until early in the school year, when schools are confident about funding, and are historically not finalized until fall. The Department prefers to submit the renewal contracts as a single Board action and as result must wait until each district follows its own internal approval process, which can delay the process from the start of the fiscal year. Due to several key staffing changes at both districts, obtaining signatures was delayed from the previous year.

## **OTHER AGENCY INVOLVEMENT/IMPACT**

County Counsel has approved these contracts as to form and legal effect.

## **FINANCIAL CONSIDERATIONS**

The FY 2016-17 renewal contract for SLCUSD is in the amount \$110,868, which is a \$25,460 increase over the prior year contract. SLCUSD has requested expanded services to additional elementary schools. The FY 2016-17 renewal contract with COE is \$69,300, which is \$2,100 less than the prior year and a result of a shortened school year. The FY 2016-17 approved budget includes the costs associated with providing counseling services and Drug Medi-Cal services to students within these school districts. No budget adjustment is required and approval of these contracts does not increase the level of general fund support required by the Department.

## **RESULTS**

District contracts are for a set number of hours. The actual number of students served is for informational purposes only. It varies depending on the intensity of services provided for each child receiving services and is not included in the contract. The chart below indicates the outputs for each district location.

<b>Location</b>	<b>2015/16 Contract Hours (actual)</b>	<b>2016/17 Contract Hours (contracted)</b>	<b>2015/16 Actual Students Served</b>
<b>San Luis Coastal Unified School District</b>			
Bishop's Peak Elementary School	272	256	14
CL Smith Elementary	New Location	384	New Location
Hawthorne Elementary	New Location	384	New Location
Laguna Middle School	680	Not Contracted	46
Morro Bay High School	272	528	112
Pacific Beach Continuation School	680	528	35
San Luis Obispo High School	272	528	41
Sinsheimer Elementary School	272	256	13
<b>San Luis Obispo County Office of Education</b>			
Chalk Mountain Community School	660	660	15
Loma Vista Community School	660	660	25
Mesa View Community School	660	660	25
<b>Total</b>	<b>4156</b>	<b>4844</b>	<b>326</b>

## **Outcomes**

For the past several years, Behavioral Health Specialists have administered assessments and surveys to all students receiving services and reported the outcomes to the appropriate COE and SLCUSD staff.

The outcomes have been added to the contract, above and beyond what is required by the districts. The contracted outcomes are a summarized result of multiple assessment tools. Counseling goals are unique to each individual. Not all children are initially assessed as needing specific behavioral interventions (eg: prescription drug use) so improvement

indicators vary according to the needs of each individual. Students at the COE sites are typically higher need with multiple issues, and outcome percentages are greater as a result.

<b>Contracted Outcome</b>	<b>2015-16 Actual SLCUSD</b>	<b>2015-16 Actual COE</b>
Reduction in 30-Day drug and alcohol use	47% of students reported a reduction in alcohol use (123/261) 36% of students reported a reduction in prescription drug use and misuse (94/261)	75% of students reported a reduction in alcohol use (49/65)
Reduction in disciplinary referrals	40% of students served reported reduced disciplinary referrals. (104/261)	71% of students served reported reduced disciplinary referrals (46/65)
Maintenance or improvement in school attendance	73% of students served reported improvement or maintenance in school attendance. (190/261)	75% of students served reported improvement or maintenance in school attendance. (49/65)
Improvement in wellness as measured by: <ul style="list-style-type: none"> <li>• Reduction in risk factors (eg: self-harm, suicidal ideation, depression) and</li> <li>• Improvement in protective factors (eg: coping skills, positive peer and adult relationships, school involvement)</li> </ul>	47% of students who received services demonstrated improved wellness (122/261)	75% of students who received services demonstrated improved wellness (49/65)

The counseling services provided under these contracts with these districts is part of a larger continuum of care that aims to improve the quality of life of those served. Providing the most appropriate services to the students reduces risk factors, improves protective factors, and increases the probability of positive treatment outcomes. Services provided under this contract contribute to the County vision of a healthy and safe community and demonstrate the above and beyond service provided by a world class organization.

## **ATTACHMENTS**

1. FY 2016-17 School Counseling Contracts Clerk's File Coversheet